



**The Lowry Academy**

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**ANTI BULLYING  
POLICY  
2021**

## **Anti Bullying Policy 2021**

<b>Approved / Accepted by</b>	Revised Policy The School Improvement Board		
<b>Author</b>			
<b>Policy owner</b>	Chris Leader - Senior Deputy Headteacher		
<b>Last updated</b>	Oct 2019	<b>Review date</b>	February 2023

## Scope

At The Lowry Academy we are committed to working with children, staff, governors and parents/carers to create a school community where bullying is not accepted. We promote a safe learning environment where everyone feels able to enjoy and achieve and where success is recognised and rewarded. This policy sets out the expectations of behaviour at The Lowry Academy and its approach in ensuring that all students are safe from bullying behaviour and able to thrive in a positive learning environment in keeping with its core aims and values.

## Philosophy

At our school the safety, welfare and well-being of all students and staff is a key priority. Our school is a place where people have the right to be themselves, to be included and to learn in a safe and happy environment. Everyone at our school is equal and treats each other with respect and kindness.

Bullying of any kind is unacceptable and will be identified and thoughtfully dealt with at our school. We take all incidences of bullying seriously and it is our duty as a whole school community to take measures to prevent and challenge any bullying, harassment or discrimination.

We actively promote values of respect and equality and work to ensure that difference and diversity is celebrated across the whole school community. We want to enable our pupils to become responsible citizens and to prepare them for life in 21st Century Britain. These values reflect those that will be expected of our students by society, when they enter Further Education and beyond in the world of work or further study.

We are committed to improving our school's approach to tackling bullying and regularly monitor, review and assess the impact of our preventative measures.

The Lowry Academy believes that its students have the right to learn in a supportive, caring and safe environment without the fear of being bullied. The policy is based on the school's basic principles of 'believe, aspire, achieve and respect' in its aim to prevent bullying incidents and act appropriately and fairly towards both the victim and the aggressor should incidents occur.

We believe that all children and young people have the right to protection from harm, neglect and abuse and that their wellbeing is of paramount importance. The Lowry Academy aims to ensure good relationships between, and good behaviour towards, all members of its community and that learning and personal development takes place in a climate of trust, safety and confidence.

Everyone has a responsibility for safeguarding and promoting the wellbeing of all students and all staff have a duty of care, to ensure our students are protected from harm.

## Definition

For the purpose of this policy, bullying is defined as:

***'Bullying is the purposeful choosing of behaviours that threaten, intimidate or hurt someone, which is often, but not always, repeated over time, which involves a real or perceived power imbalance'.***

Bullying is unacceptable and will not be permitted. Bullying can take place on the way to and from school, before or after school hours, at the weekends or during the holidays, or in the wider community. The nature of cyber bullying in particular means that it can impact on pupils' well-being beyond the school day.

School will use their support systems when it becomes apparent that any incident of bullying is having an impact on an individual and/ or the school community

## **Identifying and supporting vulnerable children**

We work closely in school to identify particularly vulnerable groups, perhaps minority ethnic groups, travellers, refugees, LGBT pupils, midterm arrivals, students who transfer late into the school, children or young people in care, young carers, teenage parents and those with other special needs who may find it more difficult to build and maintain friendships.

As a school we plan positive action to support these pupils with all relevant staff members and provide additional support where necessary, for example peer support through buddy schemes and help them access clubs and out of school provision.

## **Who is bullied?**

Anybody could be subject to bullying at any time in their life. It is not only something that affects children and young people.

A person is bullied when, either as an individual or part of a group, she or he suffers in any way from the direct result of intentional and persistent harassment and/or victimisation by another individual or group.

A person who has been bullied may commonly find it difficult to combat victim behaviour or report their experiences to those who may be able to help them.

## **Factors that can make people vulnerable**

Children and young people who are at most increased risk of causing harm (the Harmer/perpetrator) or being harmed (the Harmed/victim) through bullying are those who:

- are in foster care or residential homes (cared for children);
- are young carers;
- have experienced physical or emotional trauma;
- have suffered bereavement;
- have suffered domestic violence;
- are understood to be at risk from a range of safeguarding or child protection issues i.e. safeguarding / organised crime groups';
- are, or are perceived to be, gay, lesbian, bisexual, transgender or questioning of their sexuality or gender;
- have specific special educational needs (especially on the autistic spectrum);
- have a disability or impairment;
- are from minority ethnic backgrounds;
- are refugees or asylum seekers;

- speak a first language other than English;
- have experienced poverty or deprivation;
- have started a school or activity group mid term; or have a parent that was a victim of bullying.

## **Methods of bullying**

There are a number of bullying behaviours that can be summarised as:

- Physical aggression – hitting, kicking, tripping up, spitting, taking or damaging property, use of threat or force in any way, intimidation or demands for money or goods;
- Verbal – name calling, insulting, teasing, ‘jokes’, mocking, taunting, gossiping, secrets, threats, reference to upsetting events e.g. bereavement, divorce, being in care;
- Non-verbal – staring, body language, gestures;
- Indirect – excluding, ostracising, rumours and stories, emails, chat rooms, messaging, phones, notes, inappropriate gestures;
- Cyber – text messaging, internet chat rooms, the use of social media applications such as Snapchat, Instagram or WhatsApp, the misuse of camera or video facilities (including self-generated inappropriate images), offensive questions and nasty inbox messages; or
- Parental incitement.

We acknowledge that some acts of bullying will constitute a criminal offence and in these cases other organisations will need to be contacted e.g. the Police or Social Care.

## **Peer Abuse**

When children and young people harm others this is referred to as Peer-on peer abuse. Peer-on-peer abuse can take various forms, including:

- serious bullying (including cyber-bullying);
- relationship abuse;
- domestic violence;
- child sexual exploitation;
- youth and serious youth violence;
- harmful sexual behaviour; and/or
- gender based violence.

There is no clear boundary between incidents that should be regarded as peer on peer abuse and incidents that would be considered as bullying, sexual experimentation, etc.

Assessments must be made on a case by case basis. (Firmin, C. 2017. Abuse Between Young People).

## **Types of Bullying**

No form of bullying will be accepted, and all incidents will be taken seriously.

Bullying can be based on any of the following:

- Race (racist bullying);
- Religion or belief;
- Culture or class;
- Gender (sexist bullying);

- Sexual orientation (homophobic, or biphobic bullying);
- Gender identity (transphobic bullying);
- Special Educational Needs (SEN) or disability;
- Appearance or health conditions;
- Related to home or other personal situation; or
- Related to another vulnerable group of people .

## **Derogatory language**

Derogatory or offensive language is not acceptable and will not be permitted. This type of language can take any of the forms of bullying listed in our definition of bullying. It will be all challenged by staff and recorded and monitored on Arbor/CPOMS and follow up actions and consequences, if appropriate, will be taken in respect of students and staff found using any such language. Staff are also encouraged to record the casual use of derogatory language using informal mechanisms such as a classroom log. Staff are encouraged to report the use of derogatory language through their own school systems.

## **Prejudice-based incidents**

A prejudice-based incident is often a one-off incident of unkind or hurtful behaviour that is motivated by a prejudice or negative attitudes, beliefs or views towards a protected characteristic or minority group. It can be targeted towards an individual or group of people and have a significant impact on those targeted. All prejudice-based incidents are taken seriously and recorded and monitored in school, with the Principal regularly reporting incidents to the School Improvement Board. This not only ensures that all incidents are dealt with accordingly, but also helps to prevent bullying as it enables targeted anti-bullying intervention.

## **Possible indicators of bullying**

We recognise that the following behaviours may suggest someone is being bullied or is bullying (the list is not exhaustive):

- disturbed sleep;
- bed-wetting;
- head and stomach aches;
- problems with concentration;
- changes in behaviour and attitude;
- truanting;
- bullying other children;
- damaged or missing clothes / money / property;
- asking for more money than usual or stealing money;
- withdrawn or changes in their usual behaviour patterns or attitude;
- distressed or emotional and finds it hard to articulate their feelings;
- changes in their eating patterns;
- changes in their online activity;
- shows evidence of self-harming or even for extreme cases potential suicide;
- is unusually tired without a reasonable explanation;
- has unexplained bruises or marks on their body, (some may refuse to change for PE);

- repeatedly comes to school without dinner money or a packed lunch; or
- seems afraid to be alone and requires more adult interaction.

## **School initiatives to prevent and tackle bullying**

We use a range of measures to prevent and tackle bullying including:

- The school values are embedded across the curriculum to ensure that it is as inclusive as possible;
- The PSHE programme of study includes opportunities for pupils to understand about different types of bullying and what they can do to respond and prevent bullying;
- Proactive teaching and learning around how to build and maintain healthy relationships, including explicit work on how to appropriately manage conflict within relationships;
- Stereotypes are challenged by staff and students across the school;
- Students are continually involved in developing school-wide anti-bullying initiatives through consultation with groups such as our through our pupil survey/student voice opportunities;
- Diversity is celebrated across the school through diverse displays, books and images. The whole school participates in events including Anti-Bullying Week, Black History Month and LGBT History Month, Mental Health Awareness Week;
- School assemblies help raise students' awareness of bullying and derogatory language;
- Restorative Approaches provide support for the harmed and harmer plus any other affected parties involved in any bullying incident

## **Reporting – roles and responsibilities**

### **Senior Leaders**

The Principal and Senior Leaders have overall responsibility for ensuring that the Anti-Bullying Policy is followed by all members of staff and that the school upholds its duty to promote the safety and well-being of all young people.

### **Staff**

All school staff, both teaching and non-teaching have a duty to report bullying, to be vigilant to the signs of bullying and to play an active role in the school's measures to prevent bullying. If staff are aware of bullying, they should reassure the pupils involved and inform relevant staff in line with school guidance. The Anti Bullying Champion is Cash Chilvers – Assistant Headteacher.

Non-school staff, volunteers and outside organisation (Sports Coaches, music teachers, support services etc) also need to be made aware of the school's policy and the reporting of incidents.

### **Parents and Carers**

Parents and Carers should look out for potential signs of bullying such as distress, lack of concentration, feigning illness or other unusual behaviour and should encourage their child not to retaliate but to support and encourage them to report the bullying when it occurs.

When parents have concerns, we would encourage them to contact the Head of Learning at the earliest opportunity. We find that it is much more effective to speak to the school when an incident occurs and not to post it on social media as this may affect and delay any investigations and outcomes.

Parents and carers can report an incident of bullying to the school either in person, or by phoning the school office 0161 529 5200 or by emailing their child's Head of Learning.

Pupils should not take part in any kind of bullying and should watch out for signs of bullying among their peers. When finding themselves alongside an incident of bullying, they should attempt to offer support to the victim and, if possible, help them to tell a trusted adult.

## **Dealing with an Incident**

When bullying has been reported, the following actions will be taken:

- Staff will investigate and record the bullying on the school's incident reporting form and also record the incident centrally on CPOMS;
- Designated school staff will monitor incident reporting forms and information recorded on CPOMS, analysing and evaluating the results;
- Designated school staff will produce termly reports summarising the information, which the Principal will report to the School Improvement Board;
- Staff will offer support to all involved in a bullying incident. Individual meetings will be held with harmer and the harmed to devise a plan of action that ensures all feel listened to and supported and feel safe and reassured that with support there can be a resolution. Action plans will be developed.
- Staff will decide whether to inform parents or carers and where necessary involve them in any plan of action;
- Staff will pro-actively respond to these plans, with the harmer and harmed parties possibly requiring support and work with other colleagues as appropriate;
- Restorative meetings should be offered for any incident, this includes race or hate, homophobic and transphobic incidents. Please note that participation in any restorative repair meeting should be voluntary; and
- Staff will assess whether any other services (such as Police or the Local Authority) need to be involved, particularly when actions take place outside of school.

Safeguarding procedures must be followed when child protection concerns arise.

## **Training and Awareness**

The Principal is responsible for ensuring that all school staff, both teaching and non-teaching (including caretakers, outside agencies and volunteers, parents and governors) receive regular training on all aspects of the Anti-Bullying Policy, including proactive healthy relationship work.

## **Recording of Incidents**

We maintain a system of data collection and analysis in relation to any reported incidents of bullying in school. Termly feedback is made available for governors via the Principal's report.

All staff will use the agreed reporting format to alert the Principal and the Senior Vice Principal of any bullying related incidents.



## **Monitoring and Evaluation**

The Senior Vice Principal is responsible for reporting to the School Improvement Board on how the policy is being enforced and upheld, via the termly report. The governors are in turn responsible for monitoring the effectiveness of the policy via the termly report, by in school monitoring such as learning walks, and focus groups with pupils.

### **Links to other school policies:**

This anti-bullying policy links to a range of policies/strategies, including:

- Equalities and Diversity policy
- Equality Act 2010
- Behaviour policy
- The Relationships and Sex Education policy
- Peer on Peer Abuse
- Safeguarding policy
- Responsible Use policy
- School Development plan

The policy is reviewed every 12 months.

Named person responsible for this policy

Chris Leader – Senior Deputy Headteacher

**Agreed by The Lowry Academy LGB (30.03.22)**