

OVERVIEW

The Lowry Academy intends to offer a high-quality and inclusive PSHE curriculum. We offer an inclusive curriculum that is centred around the three themes of Living in the Wider World, Health and Wellbeing and Relationships.

In Year 9 students build on the knowledge skills learn in Year 7 and 8. Students have opportunity to explore the impact of knife crime and how the criminal justice system works. Students will also learn about the diversity and the LGBTQ+ community, along with an exploration of how human rights are abused and should be respected around the world.

AUTUMN

Health and Wellbeing

Managing Anxiety, Coping with Stress, Alcohol Awareness

This unit builds on year 7 and 8 PSHE mental health and wellbeing by examining stress, anxiety, and the affects of alcohol dependence.

Living in the Wider world

How can I avoid Debt, Knife Crime, Young Offenders

This units examines the criminal justice system, and the consequences of knife crime

SPRING

Relationships

Body Image – Girls, Peer Pressure, Diversity – LGBTQ +

This relationship unit builds on male body image taught in year 8, by looking at the impact of body image for girls, along with peer pressure.

Health and wellbeing –

Drugs and the Law, Discrimination and the Law, Vaccination/organ and blood donation,

This unit examines the law around health and wellbeing.

SUMMER

Living in the wider world

Human rights- genocide, Human rights- human trafficking, Charity focus- UNICEF,

This unit examines human rights around the world, along with the role of UNICEF.

Relationships

Eating disorders, Child Sexual Exploitation, Domestic Violence/abusive relationships.

This relationship unit explores the impact of eating disorders, and the impact of CSE and violent abusive relationships

Useful resources for supporting your child at home

[\(53\) BBC Teach - YouTube](#) – BBC Teach YouTube Channel has lots of videos covering aspects of Mental Health and Wellbeing, Citizenship and Relationships